

**PLEASE DO NOT ATTACH THIS DOCUMENT TO YOUR APPLICATION. COPY AND PASTE YOUR ANSWERS INTO THE JRF ONLINE APPLICATION FORM.**

*To help prepare your JRF application submission, we recommend writing and saving your essay responses within this Word document or a Google document. When your responses are proofed and complete, you can easily copy and paste them into your JRF online application.*

**Personal Statement**

The Personal Statement will help us learn about your life as well as your academic and career goals. **This is a very important part of the application, so please take your time.** Be sure to address each of the following four topics thoroughly.  Write approximately 200-400 words per question.

**Question 1:** What are your academic and career goals? Describe your goals and tell us your plan for meeting them.

**Question 2:** How will your education benefit yourself, your family, and your community?
*The benefit to your community can be in any capacity, including as a volunteer, as a mentor, or directly through your career.*

**Question 3:** Which of your accomplishments makes you the proudest?

**Question 4:** How have your life experiences, family, employment, and volunteer work contributed to your present goals and/or challenged your ability to reach these goals? *Comment on, for example, child-rearing, homemaking, eldercare, or illness, as well.*